LET'S GET STARTED!

To start crocheting, all you need is some **yarn** and a **crochet hook**. Most yarns are made from wool or cotton and come in lots of different **colours** and textures, shapes and sizes.

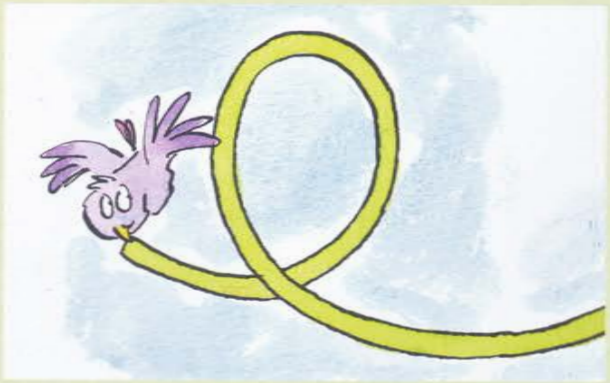
There are also lots of **different sizes** of crochet hooks. The elephant is using a large, fat hook to crochet thick yarn with, and the bird is using a thin hook to crochet fine yarn with.

All the projects in this book are crocheted with a double-knitting yarn and a 4mm-sized hook.

THE SLIP KNOT

Choose some double-knitting yarn in a colour that you like – and let's get started on your very first piece of crochet!

The first thing you need to do is to attach the yarn to the crochet hook using a special knot, called a **slip knot.**



1
Start by making a loop in the yarn.

2 Take one end of the yarn and start to **pull** it through the loop that you have just made.

3 Now make a **another loop** that is big enough for the hook to **slide** right in.

4 Slide the hook through the loop that you have just made and pull the **short end** of the yarn tight. Next, pull the **ball end** of the yarn gently. Your **slip knot** is ready!

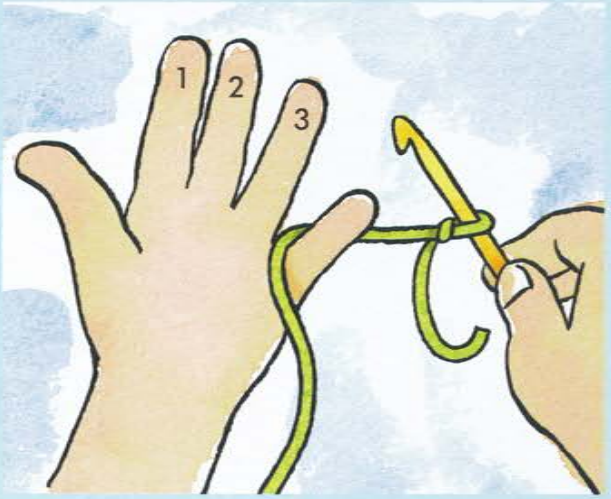
GET A GRIP!

Peg says:
Holding the yarn will feel strange to begin with but keep practising – your fingers will get used to it!

Before you can start crocheting you need to know how to **hold** your hook and yarn.

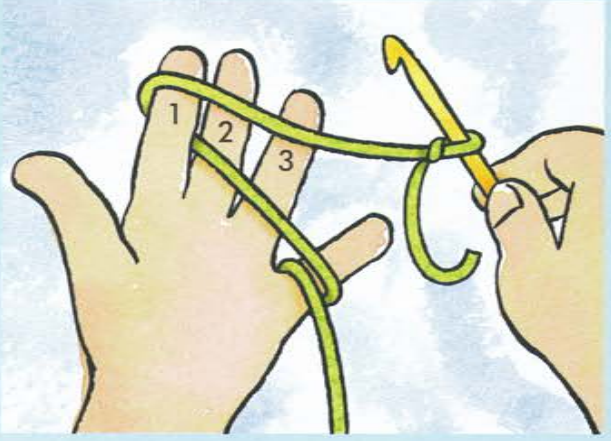
You use both hands to crochet. In this book we show the hook in the right hand and the yarn in the left hand. Don't worry if you are left handed – just switch left for right and right for left!

1. Hold the hook as shown using your thumb, forefinger (1) and middle finger (2).

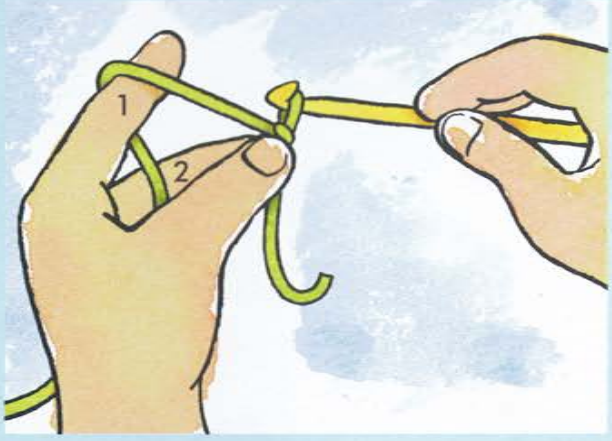


2 Now spread the fingers of your other hand, and catch the yarn with your little finger.

3 Turn your hand over, catching the yarn between fingers 1 and 2.



4 Turn your hand back. The yarn should now stretch from around your little finger, across fingers 3 and 2 and around the top of finger 1.



5 Keep finger 1 pointing up slightly, and use your thumb and finger 2 to hold onto the **slip knot**.